



## WATER

Store 1 gallon/person/day (2 quarts for drinking and 2 quarts for food preparation and sanitation.

\_\_\_\_\_ people X 3 = \_\_\_\_ gallons of water you need for your family for 3 days



Don't forget water for your pets!!



## FOOD



- Canned meats, fish, fruits, and vegetables
- Canned juices, milks, soups
- Sugar, salt, pepper
- High energy foods – peanut butter, jelly, crackers, granola bars, trail mix, nuts, jerky, dried fruits, etc..
- Comfort/stress foods – cookies, hard candy, cereal, coffee, tea, powdered drink mixes, etc..
- Foods for infants, elderly persons or persons on special diets



Don't forget food for your pets!!



## SANITATION

- Disinfectant
- Feminine supplies (tampons, pads, etc..)
- Household chlorine bleach
- Personal hygiene items (toothbrushes, toothpaste or baking soda, brush, comb, deodorant, shaving cream, razors, etc..)
- Plastic garbage bags with twist ties, small plastic grocery bags
- Plastic bucket with tight lid (for human waste use)
- Soap, liquid detergent, hand sanitizer (with at least 60% alcohol), moist towelettes or sanitizing wipes, hydrogen peroxide, etc..)
- Toilet paper and baby wipes
- Wash cloths, hand and bath towels



Pets – cage or carrier, kitty litter, etc..



## CLOTHING AND BEDDING

- At least 1 complete change of clothing and footwear per person
- Blankets or sleeping bags
- Rain gear



Pets – bedding, leash, muzzle



## TOOLS & EMERGENCY SUPPLIES

- Aluminum foil & resealable plastic bags
- Battery operated radio and extra batteries
- Cash and some change
- CD (could be used as a reflector if stranded)
- Compass
- Flashlight & extra batteries
- Manual can opener and utility knife
- Map of the area
- Matches in a waterproof container, candles
- Paper and pencil
- Paper cups, plates, plastic utensils, paper towels
- Plastic sheeting
- Tape (plastic & duct)
- Signal flare
- Tools – pliers, screwdrivers, shovel..
- Small camp stove and mini propane bottle
- Wrench (to turn off household gas and water)
- Whistle
- First Aid Kit – bandages, adhesive tape, antibiotic ointment, or gel, antiseptic towelettes, cleansing agent, cotton swabs, disposable gloves, gauze pads, scissors, thermometer, tweezers, etc..



Pets – medications, special foods, and medical/immunization records, and toys



## SPECIAL ITEMS

- Entertainment – games, books, cards
- Important Family Documents (keep in waterproof, portable safe container and update as needed. Keep copies of papers off-site in a safety deposit box or with a family member)



### FOR INFANTS:

- Bottles, diapers, baby wipes, diaper rash ointment, formula cereals, medications, powdered milk and juices, small soft toys

### FOR ELDERLY AND DISABLED

- Special medicines, list of prescription medications and dosages, copy of Medicare card, extra eye glasses or contact lenses and supplies, hearing aid batteries, denture needs, bladder control garments and pads



Put your items in an easy to carry container with a lid or in a waterproof backpack.

Write the date on food cans or labels to show when you bought each item. Remember to rotate new bottles of water and check other supplies every **6 months** to make sure they are still good and working.

A Service Brought to You By:

**The Amarillo/Potter/Randall Office of Emergency Management**